

HUME CITY COUNCIL

# HAIR-3RS in Hume

In Australia, 1 in 4 women experience family violence.

- + **Recognise** signs of family violence
- + **Respond** to disclosures
- + **Refer** to specialist services

Research tells us that women are more likely to tell someone they trust, like their hairdresser or beauty therapist, about their experiences of abuse. HaiR-3Rs is a training program which explores the gendered nature of family violence and is designed to give those working in the hair and salon industry the tools to confidently respond to someone experiencing violence.



**This training is being offered to hairdressers in Hume due to our high rates of family violence.**

## Register for **FREE** Training in Hume

- Delivered online or in-person for up to 25 people
- Expert trainers
- Support person to help anyone feeling triggered
- Access to digital resources for your salon
- Listing as a trained salon on the HaiR-3Rs website
- Certificate of Completion

## About FVFREE

The 3Rs of Family Violence program was created by FVFREE. FVFREE is a not-for-profit organisation that has been serving the community since 1993, striving for a community free from family violence, where everyone is safe.

FVFREE also provide family violence training for the general community, organisations and those who work in the animal care industry.



**Scan to register for training in Hume**

If you have any questions or to find out more please contact Family Violence Project Officer, Ingrid on 0448 132 053 or email [ingridk@hume.vic.gov.au](mailto:ingridk@hume.vic.gov.au)

