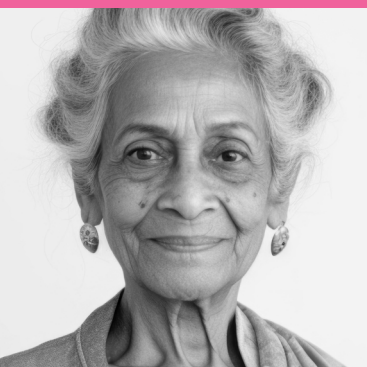


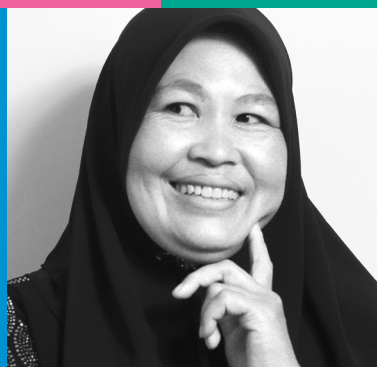


Hume Seniors Festival October 2024

hume.vic.gov.au/seniorsfestival



Explore.
Engage.
Evolve.



Victorian
Seniors
Festival



Try new things. Give everything a go.



Program of events 1-31 October

- Venue locations and addresses are listed on the back page.
- For **eventbrite** online bookings, please visit www.eventbrite.com.au and search for

Suburb	Event	Date/Time	Venue	Cost	Booking
Broadmeadows	Active Chair Yoga	Tuesday 1 October 11am – 12pm	Broadmeadows Library	Free	Bookings essential on Hume libraries website or phone 9356 6900.
Kalkallo	Active Zumba Gold Fitness Class	Wednesday 2 October 10.30am – 11.30am	Kalkallo Community Centre	Free	Bookings essential on eventbrite or phone 9356 6420.
Sunbury	Active Chair Yoga	Wednesday 2 October 11am – 12pm	Sunbury Library	Free	Bookings essential on Hume libraries website or phone 9356 6970.
Craigieburn	Social Hume Men's Shed Open Day	Thursday 3 October 10am – 2pm Open Day Free sausage sizzle 12pm – 1pm	3/151a Craigieburn Road, Craigieburn	Free	Walk-in's welcome. For more info contact Bruce 0403 111 213.

Suburb	Event	Date/Time	Venue	Cost	Booking
Craigieburn Social	Games and Morning Tea	Monday 7 October 10.30am – 11.30am	Aitken Hill Community Centre	Free	Bookings essential on eventbrite or phone 9356 6870.
Dallas Active	Music & Movement	Monday 7 October 10.30am morning tea 11am chair based exercises (45mins).	Lynda Blundell Seniors Centre	Free	Bookings essential. Please phone 9205 2200.
Craigieburn Active	Chair Yoga	Tuesday 8 October 11am – 12pm	Craigieburn Library	Free	Bookings essential on Hume libraries website or phone 9356 6970.
Sunbury Social	Monica Dullard Comedy Grill	Wednesday 9 October 11am – 12pm	Sunbury Library	Free	Bookings essential on Hume libraries website or phone 9356 6970.
Sunbury Social	Hume Men's Shed Open Day	Wednesday 9 October 9am – 1pm Morning tea and BBQ.	158 Evans Street, Sunbury	Free	Walk-in's welcome. For more info contact Albert on 0438 677 425.

Suburb	Event	Date/Time	Venue	Cost	Booking
Sunbury Active	Music & Movement	Wednesday 9 October 10.30am morning tea 11am chair based exercises (45mins).	Sunbury Global Learning Centre	Free	Bookings essential. Please phone 9205 2200.
Tullamarine Active	Chair Yoga	Wednesday 9 October 1.30pm – 2.30pm	Tullamarine Library	Free	Bookings essential on Hume libraries website or phone 9356 6966.
Roxburgh Park Social	Seniors Themed Community Lunch	Wednesday 9 October 11.30am – 1.30pm	Roxburgh Park Homestead	Free	Walk-ins welcome. For more information please call 9205 2760
Craigieburn Social	Games and Morning Tea	Friday 11 October 10.30am – 11.30am	Newbury Child and Community Centre	Free	Bookings essential on eventbrite or phone 9356 6729.
Greenvale West Social	Seniors morning tea to connect with community	Tuesday 15 October 9.30am – 11.30am	Greenvale West Community Centre	Free	Bookings essential on eventbrite or phone 9356 6880.

Suburb	Event	Date/Time	Venue	Cost	Booking
Kalkallo North Learning	Smart phone tips and safety session, and fun photo booth	Tuesday 15 October 10am – 12pm Morning tea included.	Kalkallo North Community Centre	Free	Bookings essential on eventbrite or phone 9356 6520.
Broadmeadows Social	Monica Dullard Comedy Grill	Wednesday 16 October 11am – 12pm	Broadmeadows Library	Free	Bookings essential on Hume libraries website or phone 9356 6900.
Sunbury Music	Tea and Tunes with Goonawarra Primary School Choir	Wednesday 16 October 11.30am – 12.30pm	Sunbury Library	Free	Bookings essential on Hume libraries website or phone 9356 6970.
Craigieburn Active	Music & Movement	Thursday 17 October 10.30am for morning tea. 11am chair based exercises (45mins).	Hume Global Learning Centre – Craigieburn	Free	Bookings essential. Please phone 9356 6768.

Suburb	Event	Date/Time	Venue	Cost	Booking
Kalkallo Social	Seniors morning tea to connect with community	Thursday 17 October 10.30am – 11.30am	Kalkallo Community Centre	Free	Bookings essential on eventbrite or phone 9356 6520.
Greenvale West Learning	Hearing Bus	Thursday 17 October 9am – 3pm	Greenvale West Community Centre	Free	Bookings essential on eventbrite or phone 9356 6880.
Craigieburn Music	A Tribute to Dame Vera Lynn	Friday 18 October 12.30pm – 4pm Come celebrate the incredible life and music of the Forces Sweetheart. With all the classics and a few surprises, you'll be swept back in time with Victoria's sublime 70 minute tribute for the forever loved great Dame. Bringing to life the music from the 40's-60's this glorious concert of insightful facts and beautiful music which will have you laugh, cry and sing along. Followed by afternoon tea. Hume Global Learning Centre – Craigieburn		\$20	** Booking details below

** Bookings are essential on trybooking.com/CTACZ

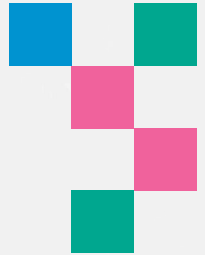
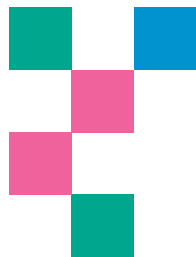
Suburb	Event	Date/Time	Venue	Cost	Booking
Westmeadows Learning	Hearing Bus	Friday 18 October 9am – 3pm	Valley Park Community Centre	Free	Bookings essential on eventbrite or phone 9356 6560.
Tullamarine Social	Community House and Men's Shed Open Day	Monday 21 October 9.30am – 2.30pm Men's shed open for viewing. 11am exercise class. 12 – 1pm free lunch. 1 – 2pm mindfulness & relaxation class. Tullamarine Men's Shed.		Free	** Booking details below
** RSVP via email admin@tullamarinehouse.org or phone 9338 9072.					
Craigieburn Learning	Wiser Driver	Friday 11, 18, 25 October & Friday 1 November 1pm – 3pm upgrade your knowledge and build on your experience to keep you driving safely.	Newbury Child and Community Centre	Free	Bookings essential on eventbrite .

Suburb	Event	Date/Time	Venue	Cost	Booking
Kalkallo North Learning	Hearing Bus	Friday 25 October 9am – 3pm	Kalkallo North Community Centre	Free	Bookings essential on eventbrite or phone 9356 6420.
Craigieburn Learning	Preserving Our Roots: Exploring Migrant Family Histories and Stories	Saturday 26 October 11am – 12pm	Craigieburn Library	Free	Bookings essential on Hume libraries website or phone 9356 6980.
Sunbury Learning	Country Care Group Sunbury Whole Seniors Month October	8.30am – 5pm Independent Living Aids supplier. Drop in anytime throughout the month of October to discuss aids and equipment options.	Country Care Group Unit 2/57-59 Horne St, Sunbury.	Free	Walk-in or call 9744 7851.

**Go on.
Be you, and try
something new.**

Suburb	Event	Date/Time	Venue	Cost	Booking
Sunbury Learning	Elder Abuse Information Session. Presented by Victoria Police and Elders Rights Advocacy.			Free	Bookings essential on eventbrite .
	Come along to this public forum to learn more about the different forms of Elder Abuse, what you and/or your loved ones can do to intervene or identify abuse and how different authorities can assist. There will be opportunities to raise questions to Victoria Police and other services, welcoming your feedback to improve support within Hume.				
	Tuesday 29 October 10am – 12pm Hume Global Learning Centre – Sunbury				
Sunbury Learning	Author Talk: Robyn Annear and the Corners of Melbourne			Free	Bookings essential on Hume libraries website or phone 9356 6970.
	Wednesday 30 October 11am – 12pm Sunbury Library				

**Be open
to new
possibilities.**



**Loves
Tai Chi.
Yoga.
A chat.
A laugh.
Learning.**

Loves
Body
Balance.
Tai Chi.
Zumba.
Aquatic.



Broadmeadows Aquatic and Leisure Centre

Monday 21 October 2024

Event	Time	Cost	Booking
Qigong (movement, breathing, meditation)	9am – 9.45am	Free	All bookings can be made through reception or call 9205 2670.
Gym intro session (maximum 10 people)	9am – 9.45am	Free	
	9.45am – 10.30am	Free	
New beginnings class	10.30am – 11.15am	Free	
Chair dance class	11.30am – 12.15pm	Free	
Warm water aqua Zumba	1.30pm	Free	
Free pool/spa/sauna entry for seniors 60+	1pm – 3pm	Free	

Splash Aqua Park and Leisure Centre

Tuesday 22 October 2024

Event	Time	Cost	Booking
Latin groove	10.30am – 11.15am	Free	All bookings can be made through reception or call 9356 6800.
Senior's class	11.30am – 12.15pm	Free	
Seminar – Benefits of weight training for 60+	12pm – 12.30pm	Free	
Gym intro session (maximum 10 people)	12.45pm – 1.30pm	Free	
Warm water aqua Zumba	1.30pm	Free	
Free pool/spa/sauna entry for seniors 60+	1pm – 3pm	Free	

Sunbury Aquatic and Leisure Centre

Thursday 24 October 2024

Event	Time	Cost	Booking
Aqua aerobics	9.30am – 10.15am	Free	All bookings can be made through reception or call 9356 6820.
Gym intro session (maximum 10 people)	9am – 9.45am	Free	
	9.45am – 10.30am	Free	
Living stronger class	11.05am – 12.50pm	Free	
Free pool/spa/sauna entry for seniors 60+	1pm – 3pm	Free	



Free public transport

Free public transport for Victorian Seniors Card holders runs from **Sunday 6 October to Sunday 13 October** and includes all metropolitan and V-Line services.

Simply carry your Seniors myki and Victorian Seniors Card with you on public transport, and touch on and off as usual. You won't be charged.

On regional services that don't use myki, show your Victorian Seniors Card to the conductor or bus driver.

Visit www.ptv.vic.gov.au for more information.

Save the date!

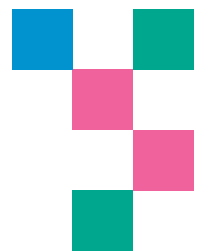
Hume City Council's major events are fun for the whole family!

Hume Carols by Candlelight
Saturday 7 December 2024

Craigieburn Festival
Saturday 1 March 2025

Hume Winter Lights Festival
21 June 2025

**Meet people.
Laugh.
Have fun.
Be you.**



Locations



Aitken Hill Community Centre
40 Waterview Blvd, Craigieburn

Broadmeadows Aquatic and Leisure Centre
41-85 Tanderrum Way, Broadmeadows

Broadmeadows Library
1093 Pascoe Vale Rd, Broadmeadows

Craigieburn Community Gardens
33 Hamilton St, Craigieburn

Craigieburn Library
75-95 Central Park Ave, Craigieburn

Gladstone Park Seniors Centre
Corner Elmhurst Rd and Carrick Dr, Gladstone Park

Greenvale West Community Centre
7 Ventura Way, Greenvale

Homestead Community and Learning Centre
30 Wiltshire Drive, Roxburgh Park

Kalkallo Community Centre
33 Toyon Rd, Kalkallo

Kalkallo North Community Centre
24 Koeks Vis, Kalkallo

Lynda Blundell Seniors Centre
185 Blair St, Dallas

Newbury Community Centre
440 Grand Blvd, Craigieburn

Roxburgh Park Recreation Centre 75 Lakeside Drive, Roxburgh Park

Sherwood Receptions
1040 Somerton Rd, Greenvale

Sunbury Aquatic and Leisure Centre
20 Ligar St, Sunbury

Splash Aqua Park and Leisure Centre
60 Central Park Ave, Craigieburn

Sunbury Library
51/53 Evans Street, Sunbury

Sunbury Memorial Hall
6 Stawell St, Sunbury

Town Hall Broadmeadows
10 Dimboola Rd, Broadmeadows

Tullamarine Library
58 Spring Street, Tullamarine

Tullamarine Men's Shed
39 Carol Grove, Tullamarine

Valley Park Community Centre
44 Village Cres, Westmeadows

HumeLink

Multilingual telephone information service

Enquiries 9205 2200

المعلومات باللغة العربية

9679 9815

Για πληροφορίες στα ελληνικά

9679 9818

Türkçe bilgilendirme

9679 9822

معلومات باللغة البوسانية

9679 9809

Per avere informazioni in italiano

9679 9819

Muốn biết thông tin tiếng Việt

9679 9823

Za informaciju na bosanskom

9679 9816

Za informaciju na srpskom

9679 9820

For other languages...

9679 9824

Za informaciju na hrvatskom

9679 9817

Para información en español

9679 9821