



HUME CITY COUNCIL
**Greenvale
 West
 Community
 Centre**

**Programs and events
 October 2024**



Bookings

All events and programs are **FREE** unless otherwise noted.

B Bookings required. Contact the organiser directly using the phone number on the listing.

NEW New events/program.

\$ Fees apply. Contact the organiser directly using the phone number on the listing.

Connect with us

Venue available for 7 days hire
 7 Ventura Way, Greenvale 3059

Monday to Friday 8.30am–5pm

 **9356 6880**

 **GreenvaleWestCC@hume.vic.gov.au**

 **hume.vic.gov.au/greenvalewest**



HumeLink

Multilingual telephone information service

Enquiries 9205 2200

للمعلومات باللغة العربية

9679 9815

Για πληροφορίες στα ελληνικά

9679 9818

Türkçe bilgi için

9679 9822

معلوماتنا بالعربية

9679 9809

Per avere informazioni in Italiano

9679 9819

Muốn biết thông tin tiếng Việt

9679 9823

Za informacije na bosanskom

9679 9816

За информације на српском

9679 9820

For other languages...

9679 9824

Za informacije na hrvatskom

9679 9817

Para información en español


9679 9821



Programs

Womens Dance Class

Come and learn some basic dances, have fun and laughter.

 **Thursdays, commencing 10 October**
🕒 2.00pm to 2.45pm


Meditation Workshops **B**

Want to learn how to improve your overall well-being, reduce stress and anxiety, increase focus and productivity, or to find a way to attain inner peace and balance in your life?

Learn how to start meditating.

Scan QR Code to sign up.

After hours workshop:


 **Thursday 17 October**
🕒 11am to 11.45am
9356 6880



Halloween!

Join us for a hauntingly fun afternoon. Bring your little ghouls in costume and get ready to dance!

4.00pm to 6.00pm.

 **Thursday 31 October**
🕒 4.00pm to 6.00pm

Education

First Aid Course **B**

Book your CPR & First Aid course at Greenvale West Community Centre. International Paramedic College RTO 45284 are running the below courses.

HLTAID009 - Provide CPR

HLTAID011- Provide First Aid Including CPR

HLTAID012- Provide First Aid in Child and Educational Settings

Scan QR Code to sign up.

 **Tuesday 22 October**


🕒 9.30am to 2.30pm

📞 0481 310 040



Hearing Bus

Hearing Australia is coming to you! Hop aboard for a free hearing check. Register via eventbrite between 9.15am to 3.15pm.

 **Thursday 17 October**
🕒 9.00am to 3.30pm



Children

Rhyme Time & Story Time

Listen to stories and complete craft activities with your child designed to help children develop a lifelong love of reading.

 **Mondays**

Rhyme Time: For children between the age of 0 to 3 years old.

🕒 10am – 10.30am


Story Time : For children between the age of 3 to 5 years old.

🕒 11am – 12pm

📞 9356 6880

Bella Star Studios **B** \$

At Bella Star Studios we offer a range of classes from 2 years old to adults. We have a variety of dance styles. Check out our current timetable and book a FREE trial dance class! We look forward to hearing from you soon.

 **Wednesdays 9,16, 23 & 30 October**


🕒 4.30pm – 7pm

@ bellastarstudios@gmail.com

bellastarstudios.com.au

Bush Storytime

Meet us at Woodlands Historic Park in Greenvale for outdoor Rhyme time! Bookings essential for cancellations.

 **Thursday 10 October**
🕒 10.30am



Active

Pilates with Chantelle **B** \$

Pilates is a form of exercise which concentrates on strengthening the body with an emphasis on core strength. This helps to improve general fitness and overall well-being.


 **Tuesdays**

🕒 6.30pm – 7.30pm

📞 0426 849 815

Yoga with Sagar **B** \$

The ancient science of fine tuning your body, mind, emotions and energies.

 **Saturday 12, 19 & 26 October**

🕒 9.30am – 10.30am

📞 0421 891 753

@ yogawithsagar@gmail.com

RPA Studios **B** \$

RPA offers affordable performing arts tuition to ensure a supportive environment for students of all ages to achieve their artistic ambitions with up-to-date techniques.

 **Saturdays**

🕒 10.45am – 12.15pm


📞 0439 820 035

Groups

Greenvale Over 55's Coffee Catch Up Group

Come and meet your neighbours for a cup of tea or coffee and some great conversation.

These are informal catch ups to help meet people within our community, socialise and build new friendships.

 **Tuesday 1 and 15 October**

🕒 9.30am – 11.30am

📞 9356 6880

Arabic Group Spectrum

Come and join our Social group catchups, morning Tea, lunch, exercises, outings fun and laughter.

 **Thursdays**

🕒 10.00am – 2.30pm

📞 1300 735 653

@ connect@spetrumvic.org.au

Seniors Week

Join us for a delightful morning tea to celebrate Senior's Week! We look forward to seeing you there!

 **Tuesday 15 October**

🕒 9.30am – 11.30am

Services

Babies in Hume **B**

The 'Babies in Hume' Program is a free, fun, interactive, support and education program for all Hume residents with young children.

Ask your Maternal and Child Health nurse for more information about the 'Babies in Hume' Program.

 **Mondays & Wednesdays**

🕒 1.30pm – 4.30pm

📞 9205 2643

@ babiesinhume@hume.vic.gov.au

Immunisation **B**

Council conducts appointment only immunisation sessions for the public in line with the National Immunisation Program.

 **Friday 11 October**

🕒 9.30am – 12.30pm

 **Tuesday 22 October**

🕒 4pm – 7pm

📞 9356 6745

@ immunisation@hume.vic.gov.au

Occupational Therapy **B** \$

An expert team specialises in supporting 4 to 9-year olds' developmental needs. For personalised assistance, contact Chloe and Paulette below.

 **Fridays**

🕒 8.30am – 4.30pm

 **Saturdays**

🕒 8.30am – 12.30pm

📞 9010 6269

@ admin@otsrus.com

For prices and more information, please contact the organiser of the activity using the numbers provided.