





# Greenvale West Community Centre

**Programs and events** February 2025

# **Bookings**

All events and programs are FREE unless otherwise noted.

**B** Bookings required. Contact the organiser directly using the phone number on the listing.

**NEW** New events/program.

Fees apply. Contact the organiser directly using the phone number on the listing.

# **Connect with us**

Venue available for 7 days hire 7 Ventura Way, Greenvale 3059 Monday to Friday 8.30am-5pm



9356 6880



@ GreenvaleWestCC@ hume.vic.gov.au

hume.vic.gov.au/greenvalewest

# **HumeLink**

Multilingual telephone information service

**Enquiries 9205 2200** 

للمعلومات باللغة العرسة 223682 2245 864534 Za informacije na bosanskom Za informacije na hrvatskom

Para información en español

9679 9822 For other languages... 9679 9824



# **Programs**

#### Ambulance Victoria

We are better together session provide essential information about how to respond in an emergency.

Thursday 13 February





#### Heart Health and Diabetes information session

Learn about heart health and Diabetes in a fun and interactive way.

Thursday 6 February

12.15pm – 1.45pm



#### Valentines' day – DIY Make your own card for someone special.

Make custom cards for someone special. Write a personalized letter to a loved one.

DIY make your own cards included.

Friday 14 February

3.30pm – 4.30pm



# **Education**

#### RPA Studio B

RPA offers affordable performing arts tuition to ensure a supportive environment for students of all ages to achieve their artistic ambitions with upto-date technique.

## **Saturdays**

№ 10.45am – 12.30pm

**\** 0439 820 035

#### Mini Muslim Academy B

Come and join our Montessori inspired Islamic education program for 4–6-year-olds which include creative Arts and Crafts, Nature exploration, Muraqaba (mindfulness), Math activities, Stories and Rhyme.

# Mondays & Wednesdays

№ 10am – 12pm

minimuslims.a@gmail.com



#### Kids Love Learningland B

Fun, educational programs for 3–5-year-olds to assist literacy, numeracy, speech and readiness for primary school.

## Tuesdays

♠ 9.30am – 11am

**6** 0410 803 123

kidslovelearningland.com .au

# Children

#### Occupational Therapy B



Supporting 4 to 9-year olds' developmental needs. For personalised assistance, contact Chloe and Paulette.

#### **Wednesdays**

**№** 8.30am – 12.30pm

#### Fridays

№ 8.30am – 4pm

## **Saturdays**

**(**▶ 8.30am – 12pm

**\** 9010 6269

@ admin@otsrus.com

# Rhyme time & Story Time

Listen to stories and complete craft activities with your child designed to help children develop a lifelong love of reading.

## Mondays

Rhyme time – Children 0-3 years old.

10am – 10.30am Story time – Children 3-5 years old.

▶ 11am – 12pm

## Kangatraining Class B

Kangatraining offer an ultimate workout with your baby.

# Tuesdays

**№** 11am – 12pm

0450 581 788

neta@kangatraining.com.



# **Active**

#### Occupational Therapy

An expert team specialises in supporting 4–9 year old's development needs. For personalised assistance, contact Chole and Paulette below

#### **Wednesdays**

**(**▶ 8.30am – 12.30pm

Fridays

**№** 8.30am – 4pm

## **Saturdays**

№ 8.30am – 12pm

**6** 9010 6269

#### **Meditation Workshops**

Want to learn how to improve your overall wellbeing. Reduce stress and anxiety, increase focus and productivity, or to find a way to attain inner peace and balance in your life?

Learn how to start meditating.

# Thursdays 6 & 20 February

11am – 12pm Scan QR code to book.



# Yoga with Sagar

The ancient science of fine tunning your body, mind, emotions and energies.

# **Saturdays**

9.30am – 10.30am

yogawithsagar@gmail.
 com

# **Groups**

# Greenvale Over 55's Coffee Catch Up Group

Come and meet your neighbours for a cup of tea or coffee and some great conversation.

These are informal catch ups to help meet people within our community, socialise and build new friendships.

# Tuesday 4 & 18 February

9.30am – 11.30am 9356 6880

#### **Arabic Group Spectrum**

Come and join our Social group catchups, morning Tea, lunch, excercises, outings fun and laughter.

#### **Thursdays**

10.00am – 2.30pm

@ connect@spetrumvic. org.au

#### Womens Dance Class

Come and learn some basic dances, have fun and laughter.

## Thursdays

**№** 2pm – 2.45pm

# **Services**

#### Babies in Hume B

The 'Babies in Hume'
Program is a free, fun,
interactive, support and
education program for all
Hume residents with young
children. Ask about the
'Babies in Hume' Program.

#### **Wednesdays**

№ 1.30pm – 4.30pm

#### Thursdays

**№** 10am – 12pm

**6** 9205 2643

<u>babiesinhume@hume.vic.gov.au</u>

#### Immunisation B

Council conducts appointment only immunisation sessions for the public in line with the National Immunisation Program.

#### Friday 14 February

• 9.30am – 12.30pm

# Tuesday 25 February

• 4pm – 7pm • 9356 6745

<u>@ immunisation@hume.</u>
vic.gov.au

#### **OPAL Performing Art**

Welcome to opal performing arts, where creativity meets discipline, and every student is encouraged to shine. Book your free trial.

# **Wednesdays**

**ふ** 5.30pm − 7.30pm

#### Thursdays

**№** 4.30pm – 8pm

**6** 0404 005 427

info@opalperformingarts. com.au