



# HUME CITY COUNCIL Valley Park Community Centre

## Programs and events February 2025



### Bookings

All events and programs are **FREE** unless otherwise noted.

**B** Bookings required. Contact the organiser directly using the phone number on the listing.

**NEW** New events/program.

**\$** Fees apply. Contact the organiser directly using the phone number on the listing.

### Connect with us

**Venue available for 7 days hire**

44 Village Cres,  
Westmeadows 3049

**Monday to Friday 9am–3.30pm**

 **9356 6560**

 **valleyparkcc@hume.vic.gov.au**

 **hume.vic.gov.au/valleypark**



## HumeLink

Multilingual telephone information service

Enquiries 9205 2200

للمعلومات باللغة العربية 9679 9815  
معلوماتنا بالعربية 9679 9809  
Za informacije na bosanskom 9679 9816  
Za informacije na hrvatskom 9679 9817

Για πληροφορίες στα ελληνικά 9679 9818  
Per avere informazioni in Italiano 9679 9819  
За информације на српском 9679 9820  
Para información en español 9679 9821

Türkçe bilgi için 9679 9822  
Mười bốn thông tin tiếng Việt 9679 9823  
For other languages... 9679 9824



## Programs

### BOORAIS & Beyond Yearning Circle **B**

Yarning for Aboriginal and Torres Strait Islander people is a conversational process that involves the telling of stories as a way of passing on cultural knowledge. These circles provide a safe place for all to speak without judgement.

📅 Every second Monday commencing February 3  
☎ 9205 2643

[aboriginalengagementteam@hume.vic.gov.au](mailto:aboriginalengagementteam@hume.vic.gov.au)

### Thrive Refugee Enterprise-Celebrate International Women's Day with Local Refugee Women **B**

Join us for an inspiring day of celebration, empowerment, and connection as we come together to support migrant, refugee, and asylum-seeker women in the lead up to International Women's Day.

📅 Monday 24 February  
🕒 11am-2.30pm  
☎ 1300 651 676

[info@tre.org.au](mailto:info@tre.org.au)

## Education

### Australian Pacific Training Solutions **B**

Australian Pacific Training Solutions is a leading provider of First Aid Training and First Aid Services across Australia. We provide training onsite and at our various public course locations across Melbourne.

📅 Thursday 13 February

🕒 9am – 4.30pm

☎ 1300 325 001

[info@auspactraining.com.au](mailto:info@auspactraining.com.au)

### Indigenous Gardens Meeting & Fruit Fly & Citrus Gall Wasp Workshop **B**

Fruit fly and gall wasp are serious pests for the backyard gardener. This free community workshop will cover the life cycle and history of the fruit fly and citrus gall wasp, how to identify any damage and seasonal organic pest management methods

📅 Thursday 20 February

🕒 1pm – 4pm



## Children

### Valentines Day – DIY make your own card for someone special **B**

Make custom cards to someone special. Write a personalized letter to a loved one.  
DIY-Make Your Own Cards included.  
Basic Craft Supplies included.  
📅 Wednesday 12 February  
Registration required via Eventbrite.



For prices and more information, please contact the organiser of the activity using the numbers provided.

## Active



Our brand new facility is now taking bookings in our community meeting rooms. Call 9356 6560 for more information.



## Groups

### Australia School of Meditation & Yoga-Learn Meditation & Mindfulness Workshop

Be inspired with the transformative practice of yoga. You'll feel energised and inspired with our holistic, authentic approach combining yoga asanas (stretches), relaxation, mindfulness and meditation. Our dedicated and friendly teachers provide a relaxed space to share the gift of yoga with you. Gain more strength and flexibility as well as a peaceful heart by practicing yoga with us here at ASMY. So, grab a friend and head to our warm and homely studio for a yoga self-care session that will leave you feeling calm and rejuvenated.

Yoga Mats will be provided. BYO Yoga Mats will be preferable.

📅 Thursday 6 February  
🕒 9.45am – 10.30am



## Services

### Babies in Hume **B**

The 'Babies in Hume' Program is a free, fun, interactive, support and education program for all Hume residents with young children.

Ask your Maternal and Child Health nurse for more information about the 'Babies in Hume' Program. Beginning 7 January  
[babiesinhume@hume.vic.gov.au](mailto:babiesinhume@hume.vic.gov.au) or  
☎ 9205 22643  
📅 Tuesdays  
🕒 12.30pm – 4pm

### Maternal & Child Health **B**

To book an appointment  
☎ 9205 2844  
[mchbookings@hume.vic.gov.au](mailto:mchbookings@hume.vic.gov.au)

### Breastfeeding Support Clinic **B**

To book an appointment  
📅 Fridays (Fortnightly)  
🕒 1pm – 4.30pm  
[mchbookings@hume.vic.gov.au](mailto:mchbookings@hume.vic.gov.au) or  
☎ 9205 2538